

ATTITUDE, PRACTICE OF CONTRACEPTION EDUCATION AND ITS IMPLICATION FOR SUSTAINABLE DEVELOPMENT: A STUDY OF STUDENTS IN TERTIARY INSTITUTIONS IN ENUGU STATE SOUTHEAST NIGERIA

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ABSTRACT

This work determined the attitude and practice of contraception and its implication for sustainable development among the tertiary students in Enugu state southeast Nigeria. The method used was a cross sectional survey involving 600 students in 4 tertiary institutions. The result showed that 92.5% of the respondents have had about contraception while only 8.5% practice its usage. The main source of information about contraception is the mass media. The paper concluded that the students of the tertiary institutions in Enugu state were found to be exposed to unprotected sex. This could lead to much health related problems, out of school, Human immune virus/Acquired immune deficiency syndrome, and even death. This has serious implications for national development, since most of them are of the productive age bracket. The paper recommended that Nigeria's educational curricula should be restructured to involve sexual reproductive health early in educational life of the children.

KEYWORDS: Practice, Attitude, Contraception, Unwanted pregnancy, Sustainable Development